
SANTA CRUZ EXTREME JOËLETTE MODALITY REGULATION

INTRODUCTION. Allowing everyone to play sports is now an indispensable goal. Gone are the prejudices, where outside what was considered “normality” other citizens were banned from practicing a sport for the simple fact of having a disability. We want to participate and make a reality the desire of many people. In this sense, we follow the example of many associations that, for years, have been contributing with their efforts to bring many people closer to the mountain.

The sports competition educates and passes on values, where effort is measured, and solidarity is fomented. It is our desire to position Santa Cruz de Tenerife as national reference regarding the handling and competition with the adapted Joëlette chairs.

There are international referents, but the Santa Cruz Extreme, uses the course to foment equality, since a different route has not been created for this modality. Instead, the last section of the Santa Cruz Extreme will be used, and thus, the participants will face the roughness of Anaga, doing a stretch (Los Catalanes-Santa Cruz de Tenerife) through a trail with really technical sections. The competition will take place under the following regulations.

1. TRACK TECHNICAL SPECIFICATIONS

The start of the race will be at the hamlet of Los Catalanes, next to a church with a peculiar structure in the form of a vault.

From this point each team will depart by turns (of four minutes between each team) to start an initial track with a steep slope, to then get to a trail that ascends towards the area known as La Fortaleza, where the refreshment point is located and where the descent will begin along Valle Luis until we reach Barranco de Tahodio. To then head towards Santa Cruz de Tenerife.

At the height of La Alegría neighborhood, we will stop at the first traffic light that we find, we will cross, and we will continue along Avenida Anaga until the finish line in Plaza de España.

Distance: 10.41 Km. Accumulated slope: 600 m (-725 m + 125 m)

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The race will go through a part of the course of the Santa Cruz Extreme in the following modalities: Anaga XTRM 60 KM, Anaga XTRM 33 KM, Anaga XTRM 19 KM, Anaga XTRM 10 KM and Anaga XTRM Vertical.

2. RACE MODALITY

2.1 The race will be under the chrono modality, where an order of departure will be established (decided by a draw) and runners will depart with at least four minutes of separation between each other.

Safety will be the priority and therefore the following minimum standards are to be established.

- The safety distance between one chair and another is between 2 and 5 meters as established by the organization depending on the characteristics of the terrain.
- Overtaking actions between teams are not to be carried out in places with a minimum amplitude of 3 meters, in order not to put at risk any runner of any of the teams.

The separation between teams will take into consideration the number of teams registered.

2.2 Regarding the competition:

a) Pilots: Those competitors (who in number of four and of any gender) drive the chair with the passenger. Prior experience is necessary, being this valuable by the organization at the time of registration, either through courses, having membership of associations or groups that have this type of chairs, or by any other circumstances that accredits knowledge and skill.

All pilots must be of legal age.

b) Passenger: The person who will be transported in the Joëlette chair, which must have reduced mobility.

Intellectual capacity is required to give free consent.

Minors may participate (always over 14 years of age). In which case, it will be necessary to provide an authorization by those who exercise the parental authority.

3. CATEGORIES

Only one category that includes mixed teams, women's and men's is established, the five members will be awarded.

4. REGISTRATIONS.

- a) Registrations will be made through Santa Cruz Extreme's website; you can do it by clicking on the following link: <https://www.santacruzextreme.com/>.
- b) Everyone must sign a Release of Liability, which is attached as an annex to these regulations.
- c) The maximum number of teams shall be twenty.

5. TIMING. The teams will carry a timing chip on their running numbers. Additionally, the path will be marked.

6. REFRESHMENTS. The race will have refreshment points along the course, as well as at the start and finish location.

7. CLASSIFICATIONS

- a) Trophies will be given to the first three qualified teams.
- b) Pilots and passengers will receive a finalist medal and a diploma.

8. RACE COMMITTEE. It will consist of the following members, who will be responsible for overseeing and controlling all aspects related to the event's organization, in addition to resolving any race incident and establishing the corresponding sanctions for the non-compliance of the regulations:

- Santa Cruz Extreme's director.
- Santa Cruz Extreme's technical director.

9. GEAR AND EQUIPMENT. To participate in the event, each runner or athlete must carry the following material:

- Each runner must carry its own glass and/or a container for liquids of between 0.5 and 1 L capacity.
- Appropriate footwear and clothing.
- The passenger must wear a helmet and a safety harness.

- Race running number: It will be worn in a visible place, and it must not be folded or trimmed by any means. Runners may bring the gear they deem appropriate for the development of the race.

10. CODE OF CONDUCT FOR PARTICIPANTS.

a) A runner must facilitate other runners to overtake him when both coincide in the same section.

b) If during the race and along the path a team reaches the one that had left previously from the starting line, the team that was caught up with will have to facilitate the maneuver of the arriving one. Any failure to do so may result in disqualification or time penalties once the Jury of the competition has collected all the data, as to where did the teams meet and other circumstances.

c) Not providing relief to others will be penalized with immediate disqualification.

d) Each runner must follow the route marked by the organization. Not respecting it or not going through any of the established controls, will be reason for penalty or disqualification.

e) While following the course, participants must always comply with the instructions of the organization and control members.

f) Competitors must always display sportsmanship and be respectful of other athletes, judges and the general public.

g) Participants must be an example of the principles of good practice that govern this competition. They must therefore maintain an adequate sporting behavior and will not throw away any type of waste. Failing to comply with this will result in sanctions.

h) All participants must be aware of and respect the competition's regulations, accepting any modifications that the Race Committee may adopt for reasons beyond the organization, before and/or during the competition. A team may withdraw from the race whenever it wishes to do so, but it must take into account that it will have to arrive, if there are no impediments by its own means, to a place accessible by vehicle.

11. PENALTY OR DISQUALIFICATION OF A TEAM.

The penalization or disqualification of a runner or a team will occur when incurring in any of the situations indicated below:

- Failure to respect the marked itinerary or route signaling to cut the course (serious to very serious misconduct) => 15 minutes penalization to

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disqualification.

- Not wearing the running number or trimming it => 3 minutes to disqualification.
- Littering on the course (very serious misconduct) => disqualification.
- Preventing being overtaken by other runners or voluntarily hindering another team (serious misconduct) => 10 minutes penalization to disqualification.
- To disregard the indications of the organization and referees (very serious misconduct) => disqualification.
- To not facilitate the overtaking maneuver to runners of other modalities (10 minutes penalization to disqualification)
- The falsification of the reduced mobility condition of the passenger will be penalized with disqualification.

12. POSTPONEMENT, INTERRUPTION AND CANCELLATION OF THE RACES.

At the discretion of the organization, the event may be postponed or cancelled on grounds of force majeure and in agreement with the general Santa Cruz Extreme's regulations.

13. INTERPRETATION. For the purpose of filling the gaps that may arise, the Santa Cruz Extreme's Regulations as well as the [Manual of Good Practices in the development of Mountain Racing in natural environments of the FEDME](#) will be of supplementary application.